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FOR IMMEDIATE RELEASE

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## Media Release

### Local Children Ride at St. Adolphe Family Bike Day

2 1/2 year old Kayden will ride a specialized bike this weekend, something he has never done before. And he won't be the only child. Children and their families living in the St. Adolphe and surrounding area are invited to attend the Family Bike & Bowling Day at 94 Lagasse Drive, St. Adolphe, MB on Saturday June 6, 1-4 pm.

The Rehabilitation Centre for Children (RCC) runs these bike and bowling days to bring recreation information and opportunities to families of children with special needs. Therapists will be on site to help determine what type of bike might be the best fit for their child. An adapted bowling lane will also be set up.

Many times families will tell therapists that they didn't know modified recreation equipment is available for their children. These family days in community occur thanks to funding secured by the Children's Rehabilitation Foundation, the fundraising arm of the RCC, and Foundation donors.

The St. Adolphe event day is sponsored by the Ladies Night Fun-draiser 2008 a fund-raising event for the Children's Rehabilitation Foundation organized by Kayden's Mom, Brigitte Lagasse. "Kayden has been coming to the Centre since he was a baby. I feel it is important to give back to an organization that has supported my family and thousands of others in the province." said Brigitte. "It will be a great day with cycling, fun activities and a block party atmosphere."

Front and back tandem bikes will be available to trial, side by side bikes, duet bikes (with a wheelchair in the front) and prone bikes where the child lies on their tummy and pedals with their feet. Even if your child doesn't have a special need you are invited to come out and check out these bikes and meet the people in your community. Bring your bike, your friends and your family.

And don't forget your helmet!

**Venue:** Family Bike & Bowling Day  
94 Lagasse Drive, St. Adolphe, MB  
**Parking:** Behind the Pioneer Inn  
**Date:** Saturday June 6, 2009  
**Time:** 1:00-4:00 pm

For more information and to confirm which representative will cover the story please contact:

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